

Lake Land College - Mattoon, IL

Navigator News

Vol. 9; Issue 7 - April 2010

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APRIL

CAMPUS EVENTS

- 1** - Spring Break – Campus Closed
- 2** - Spring Break – Campus Closed
- 7** - SAB & Broadcasting Club Event: USO (United Student Organizations) Tour
- 7** - Make Your Own Dog Tag, 10 a.m. Theater
- 7** - Club Lunch, 11 a.m. Alumni Park
- 8** - SAB Event @ Kluthe: Food n' Fun, 10:30 a.m.
- 9** - Discover Day
- 11** - Photo Contest Deadline, 11:59 p.m.
- 12** - Board of Trustees Meeting, 6 p.m. Webb Hall 081
- 12** - Registration for Summer & Fall begins on IRIS
- 13** - SGA & American Red Cross blood drive, 11 a.m. – 4 p.m. Webb Hall 081
- 14** - SAB & Health Services Event: Health Fair, 10 a.m. – 1 p.m. Field House
- 16** - National Day of Silence
- 21** - SAB Event: Supermarket Bingo, 11 a.m. Laker Point
- 22** - Earth Day
- 28** - SAB Event: Snakes Alive!! 11 a.m. Laker Point

HOME ATHLETIC EVENTS

- 2** - Baseball vs. Rend Lake (Double Header) 1:30 p.m.
- 3** - Softball vs. Southeastern Ill. (Double Header) 12 p.m.
- 6** - Baseball vs. John A. Logan (Double Header) 1:30 p.m.
- 8** - Softball vs. Rend Lake (Double Header) 2 p.m.
- 10** - Baseball vs. Southwestern Ill. (9 innings) 12 p.m.
Softball vs. Lincoln Trail (Double Header) 12 p.m.
- 14** - Baseball vs. Heartland (9 innings) 3 p.m.
- 15** - Baseball vs. Southeastern Ill. (9 innings) 3 p.m.
- 17** - Softball vs. Kaskaskia (Double Header) 12 p.m.
- 24** - Baseball vs. Wabash Valley (Double Header) 1:30 p.m.
- 27** - Baseball vs. Lincoln Trail (Double Header) 1:30 p.m.



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Navigator News

Vol. 9, Issue 7 - April 2010

Timothy Deters
Managing Editor
tim_deters_88@
yahoo.com

The Navigator News is a monthly publication produced by the students, for the students of Lake Land College.

The Navigator News serves to inform, entertain and enlighten the student community on topics of social importance.

The Navigator News respects every individual's freedom of speech and serves as an open forum for the students of Lake Land College.

The opinion in the works of the Navigator News do not represent the view of advertisers, Lake Land College or its employees.

Editorial comments, unless accompanied by the author's name, are reflective of the opinions of the majority of the Navigator News Editorial Board.

Submissions to the Navigator News should be typed and include the name and telephone number of the author. The Navigator News reserves the right to edit letters, articles and commentaries.

Mark Jensen, Libby Marshall,

Brandon Lockhart

Student Writers

Lori Morrisette

Adviser

Dave Earp,

Lake Land College Print Shop

Production Coordinator

Cover photo taken by

Samantha J. Brandel

Contact us...
Phone: (217) 234-5269**or 1-800-252-4121 ext. 5269****E-mail: studentpublications@
lakeland.cc.il.us****Website: www.navigatornews.org**
Brittany McQueen
**Campus &
Features Editor**
bmmqueen@
yahoo.com
Samantha J. Brandel
Copy Editor
sbrandel@
stdnt.lakeland.cc.il.us
Sean Miller
**News & Opinion
Editor**
sem113089@
hotmail.com
Lindsey Probst
**Editor - Sports &
Entertainment**
lindsey_probst@
hotmail.com
Sarah D. Hampsten
**Layout & Design
Editor**
shampsten@
stdnt.lakeland.cc.il.us
Daniel J. Beauchamp
Business Manager
dbeauchamp@
stdnt.lakeland.cc.il.us

PAS

By **Brittany McQueen**

Campus & Features Editor

In March, the Postsecondary Agriculture Students (PAS) traveled to St. Louis, Mo. for their annual PAS conference. This conference gives college students from 18 states across the nation an opportunity to network with other members and future employers, as well as compete in specialized agriculture areas.

In other words, it is the state basketball competition of the agriculture world.

The motto of PAS tells it all, "Uniting Education and Industry in Agriculture." PAS aims to promote leadership and help in developing careers for students following the path to a future in agriculture.

PAS is very strong and important to Illinois, and even more important to Lake Land College. LLC makes up the largest PAS chapter

and shows interest by its levels of activity and competitiveness.

In the individual events, Austin Ashby placed first in Livestock Production, Clay Zwilling placed first in impromptu speaking, Jessie Rexroat placed fifth in Feeds and Animal Health and Shelby Dennis placed 22nd in Equine Specialist. Overall the Lake Land team placed sixth, with 274 points out of 450.

"PAS has given me the opportunity to build my public speaking skills and network with other college students and agriculture professionals. I have developed relationships in this organization that will last a lifetime," says PAS member Zwilling.

Students at LLC spent time preparing for the competition and their great results show how seriously LLC takes these events. PAS looks forward to more great outcomes like this in the future.

How efficient is LLC's alert system?

By **Daniel J. Beauchamp**
Business Manager

Errant computers can be reprogrammed, imperfect applications modified. Consequently, it is crucial to question whether our present technology is up-to-date and meeting our utmost needs.

In order to address these concerns, we must question if we are keeping pace with the ever-increasing, fast-paced world of progress, and of tomorrow!

As college students, how do we determine if our courses are cancelled unexpectedly? Many students look to technology for answers—our student e-mail accounts or text messaging systems.

It can become quite daunting, specifically during severe weather conditions, to identify in a timely manner if our classes will be cancelled or not. However, technology helps simplify the process!

In order to receive an e-mail alert or text message notification,

visit the LLC homepage and go to the Current Students tab. Use the drop-down menu to select the IRIS link. Next, Log In to IRIS with your secure username and password. After that, go to the Student Demographics section, and select the Text Messaging/E-mail notification link. Simply enter your cell phone number or e-mail, and you will be instantly setup to receive upcoming course cancellations.

Another method to determine whether a course has been cancelled would be to click the Current Students link and to select the Cancelled Classes tab. This will display the courses that are cancelled that day, in addition to forthcoming cancellations.

Three things happen when a class is cancelled. First, it posts to the LLC website, under the class section, in the Current Students tab.

(continued on page 4)

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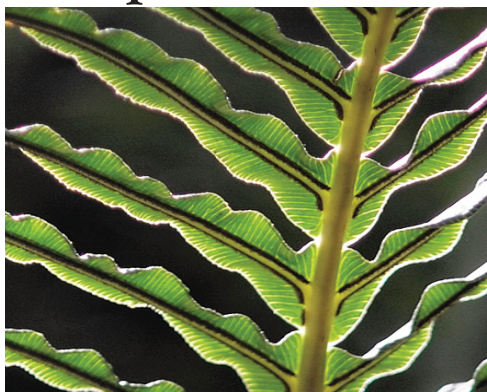
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Campus clubs think green



By **Brittany McQueen**

Campus & Features Editor

Spring is here and everything is finally turning from the dead shade of brown to a bright and cheery green. The earth is finally waking up from its winter sleep, and it's a great time to work to make the earth a cleaner and greener place.

Both the Environmental and Horticulture Clubs work to take care of the natural settings around us. The Environmental Club is working to raise awareness of the environment and working to keep it a cleaner place for everyone, while the Horticulture Club focuses on the plants that make the spring scenery beautiful.

The Environmental Club was created with the original intention of spreading environmental awareness across campus, informing students about the things that they can do protect our environment and get involved.

"I wanted to have a way for everyone to be involved. Students don't see how their individual actions can help out, and sometimes when they work in a group, it's easier for them to see what they've done," says Environmental Club Adviser Jeff White.

In March, many of the Environmental Club members had informational tables at the Energy Innovation Conference, as well as an Earth Day light bulb giveaway. Members also have been continually working with electronics recycling (E-Recycling) on campus.

Coming up is the club's annual t-shirt sale, and at the spring carnival they will hold their plant sale. Currently the club will be collecting ink jet printer cartridges, cell phones, batteries, CD's, etc. Boxes for these items are located in almost every building near Navigator News stands, with a permanent box located outside of Neal Hall 105.

"When I got involved with the Environmental club, my views on nature changed substantially. I feel that I am more aware now how I'm affecting the environment. I really enjoy being a part of the Environmental Club," says member Noah Spence.

Membership for the Environmental Club is always open and anyone is welcome to join. Meetings are held almost every Wednesday at noon in Neal Hall room 105. Member Keli Gibson says, "Throughout high school, I have been concerned with the environment. Lake Land's Environmental Club gives me a chance to be involved. I've enjoyed everything I've done with [the club]."

So whether one is already involved with nature or wants to start making a positive impact, the Environmental Club is the perfect club to help get involved.

The Horticulture Club is filled with students that are part of the horticulture program, as well as other students who have taken a horticulture class that are working with plants and learning about the greenery around us. The club works to create a way for students to interact with each other outside of the classroom.

The club is more active in the fall semester, since most horticulture students are off campus for the second half of the spring semester working on internships. During the fall, the Horticulture Club hosted Halloween costume and pumpkin carving contests.

"I think [the club is] a great way for students to feel a part of a group that has the same interests as themselves," says Horticulture Club Adviser Dyke Barkley.

Meeting times for the Horticulture Club are set by the members each year, but are usually in the afternoon or early evening. Members have been known to take advantage of the picnic table in the greenhouse, as well as ordering in pizza.

If one is planning on attending in the fall and being enrolled in a horticulture program or has already taken a horticulture course, look up the Horticulture Club and see all it has to offer.

Spring is here. The weather is warm and the grass is green. Now go out there and make a difference to better our mother Earth.

Alert system *(continued from page 3)*

Secondly, based on the students' option to enroll for notification, the program evaluates the students based on their preferences to receive the notification, and sends the texts or e-mails to the students that have opted in to receive the alert.

Third, it sends an e-mail to the section head and/or to the division chair.

Director of Information Systems and Services (ISS) Lee Spaniol stated, "It is an automated process based on the students hitting the submit process and entering their preferences in the IRIS System. The people I talk to like the system. The reliability is there!

"We get a bounce back if the [text or e-mail] message actually fails. When we were testing [the system early this spring], out of

approximately 2,900 students, we had only one bounce back."

Therefore, how efficient is the alert system? It would appear to be extremely efficient and effective, considering the irrefutable statistics.

One obstacle, however, is that the various cell phone providers allow for different text message lengths. Approximately 61 to 90 characters (i.e. individual letters, numbers, spaces, etc.) is the consensus between the cell phone companies. This includes the subject line, date, time and signature, which can minimize the ultimate length of the message.

Spaniol remarked, "The one complaint I hear is that the messages are too cryptic." Considering that the number of characters is limited based on a particular

cell phone company, this could account for messages not being highly pedantic.

It is quite a remarkable undertaking that the ISS staff assumes to improve the lines of communication between students and faculty alike. Those who are actively involved, in addition to Spaniol, are Web Master Jana Kelly, Programmer Analyst Lisa Cole and Business Analyst Andrea Daily.

Each individual makes it their abiding concern to ensure that the messages are sent in a time-

ly fashion. Their job performance is an excellent paradigm of collective, collaborative teamwork!

Students who wish to be notified of forthcoming campus events and activities may offer their suggestions at www.facebook.com/lakelandcollege. In order to develop and enhance the messaging alert system, it first must be revealed what students wish to receive alerts about.



The ISS staff explains the hierarchy and sequence of events that occurs during a course cancellation decision. Pictured left to right: Daniel Beauchamp, Lee Spaniol, Jana Kelly, Lisa Cole, Andrea Daily

Sexual Assault Awareness Month

By **Samantha J. Brandel**

Copy Editor

April is Sexual Assault Awareness Month (SAAM). The SAAM Day of Action will be observed on Tuesday, April 20 this year. This is a day to bring focus to sexual violence and its prevention.

Sexual violence has many forms including the use of force, coercion and manipulation. Any sexual contact or touching, sexual harassment, sexual exploitation, voyeurism or forced intercourse is sexual violence.

1 in 6 women
& 1 in 33 men
will be sexually
assaulted in
their lifetime.

Only 6 percent
of rapists will
spend any time
in jail for their
crime.

Regardless of a victim's condition, what he or she was wearing or doing, no one has the right to violate that person. Even if consent was initially given and later retracted, or if the perpetrator is in a relationship with the victim, it is never the fault of the victim.

It is estimated that between 20 and 25 percent of college women will become the victim of rape or attempted rape, and only 12 percent are reported to law

enforcement. Fear of the assailant, fear of being disbelieved, embarrassment and lack of faith in the system are common reasons that sexual violence is not reported.

Almost 13 percent of rapes perpetrated against college women occur during dates, and nine out of 10 victims know the offender. Although alcohol is the most common date rape drug, it does not lessen the severity of the offense, and the attacker is culpable for the act even if intoxicated.

If you or someone you know has been the victim of sexual violence, talk with someone you trust, report the offender, preserve any evidence and seek medical attention. Students can contact Counseling Services, where there is a Crisis Intervention and Referral team. Counselors can refer students to community agencies that can assist with concerns that may subsist.

To learn more about sexual assault and rape visit www.nsvrc.org or www.rainn.org.

Navigator News / Samantha J. Brandel

Bye-bye, Bayh

By **Daniel J. Beauchamp**

Business Manager

Evan Bayh, a two-term Democratic Indiana Senator, heavily favored for re-election this upcoming November, abruptly announced that he would retire at the end of his term, sending shockwaves around the nation! Bayh said that he is fed up with the system, leading him to the decision not to pursue plans for a third term.

Senator Bayh described his decision as a "very difficult, deeply personal" one. Bayh said, "My decision was not motivated by political concerns. Even in the current challenging environment, I am confident in my prospects for re-election ... [running for the sake of winning] is not good enough." Bayh added, "I love working for the people of Indiana, but I do not love Congress."

Congress, according to Bayh, has become immobilized in a perpetual succession of recrimination and revenge. When asked why he would not run for a third term, he responded that he did not want to wait around six years hoping that Congress would be reformed.

Bayh was one of merely two "blue-dog" Democrats to vote against the president's budget last year. Although he voted for the \$787 billion stimulus bill, he was part of a group that dismissed \$100 million from the original product formed by leadership, what Bayh at the time called "silly stuff."

During the health care negotiations, Bayh made it quite clear he did not trust that the bill would really hold down deficit spending. He worked with other conservatives to construct a health care package designed to rein in future costs. Additionally, Bayh opposed the cap and trade climate legislation, which was proposed by the Obama administration.

"After all these years," Bayh said, "my passion for service to our fellow citizens is undiminished, but my desire to do so by serving in Congress has waned." "For some time, I've had a growing conviction that Congress is not operating as it should. There is much too much partisanship and not enough progress. Even at a time of enormous national challenge, the people's business is not getting done."

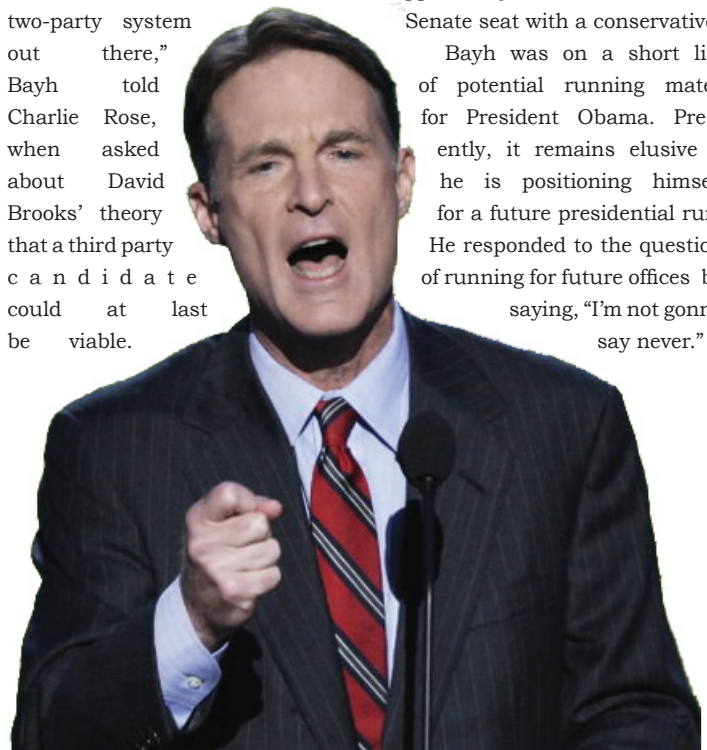
"I can best contribute to society in another way," stated Bayh, "[by] creating jobs by helping grow a business, helping guide an institution of higher learning or helping run a worthy charitable endeavor."

Bayh thinks the time may have come for a third-party president. "There's a high level of frustration with the two-party system out there," Bayh told Charlie Rose, when asked about David Brooks' theory that a third party candidate could at last be viable.

"This is, in some ways, another... Ross Perot moment."

Bayh's retirement from a Senate seat, from the Republican leaning state of Indiana, adds to the struggle Democrats will face this fall to prevent the decimation of the 59 votes that they presently have. Republicans, on the other hand, have an unforeseen opportunity to fill the soon vacant Senate seat with a conservative.

Bayh was on a short list of potential running mates for President Obama. Presently, it remains elusive if he is positioning himself for a future presidential run. He responded to the question of running for future offices by saying, "I'm not gonna say never."



Earth Day

By **Timothy Deters**
Managing Editor

April 22, 2010 marks the 40th anniversary of Earth Day.

Begun in 1970, the day was established to observe the effects of human actions on the environment and its inhabitance, as well as to illustrate the actions that individuals and whole communities could take to help the health of the Earth.

Since 1970, people all over the world have participated in community service activities, changed their personal habits, and even demonstrated and rioted to celebrate Earth Day. But how can you take part in this year's historic celebration

On Campus

Simple

- Drive slower to and from campus
- Write and print on recycled paper
- Recycle all unused or unwanted paper

Moderate

- Carpool to and from campus
- Write and print on both sides of recycled paper
- Recycle plastics, glass, cardboard and aluminum in bins behind Student Center

Intense

- Walk, bike or shuttle to and from campus
- Take notes on a laptop or record lectures
- Recycle CDs, cell phones, batteries and ink cartridges at bins at Neal Hall room 105



At Home

Simple

- Turn off all lights and electronics before leaving the room or house
- Turn down the thermostat a few degrees, a few more if absent for a few hours
- Buy organic food products and cook-in

Moderate

- Change all incandescent light bulbs to compact fluorescent light bulbs
- Turn down the thermostat even more and use a fan
- Buy organic food products in bulk and save leftovers

Intense

- Use natural light or candles, it may even bring a nostalgic feel or a romantic opportunity
- Open the windows, use a fan to blow cooler air in and around, or go for a walk
- Buy food at a local farmers food market, ask if it is organic

No matter how you observe and celebrate the beauty of the Earth and all that it provides its inhabitance this year, every little step that you take will help that much more in preserving and rejuvenating the planet we all call home.

Cherie Huddlestun

Doing her part to give adjuncts a good name

By **Samantha J. Brandel**
Copy Editor

This past January marked nine years of adjunct instructing at LLC for Carla Cherie Huddlestun, who likes to be referred to by her middle name. She teaches in the business department, selections such as marketing, accounting, keyboarding, management and software applications, to name just a few.

Second semester student Joyce Sly, who is seeking a certificate in general office skills said, "Cherie is personable, confident and easy to talk to. From the time she walks into the room, she has a cheery smile. She is sincere about her students' success, and she is serious about the learning process. Her Business Communications class is relaxed and fun."

Teaching 12 credit hours this semester and nine in this coming summer semester, Huddlestun stays busy. "I like the interaction I have with my students. My students have a way of uplifting me and making a not so good day bet-

ter, and I hope that I do the same for them."

Practical Software Application student Suzette Cox, who is a fourth semester medical administrative assistant major said, "There are many good qualities about Cherie. She relates to her students and makes her classroom a relaxed learning environment. She is helpful, understanding, down-to-earth and fun."

Maybe one of the

reasons her students describe Huddlestun as "fun" is because of a mock business requirement she created for her introduction to business course curriculum.

Students are put into groups and required to come up with a business idea. From naming the business, location and seed capital to marketing, advertising and a code of conduct, students must find all necessary resources and information required to successfully start and run a business.

"At the end of the semester, each team and its members present their business to the class, which is always fun and interesting!" said Huddlestun while talking about a recent presentation that everyone seemed to enjoy. "[It was] a company called 'The Music Box.' They had a celebrity endorsement from Eddie Van Halen.



Navigator News / Samantha J. Brandel

One of the [mock business] team members came in dressed up, and he looked just like [Van Halen]. He had a guitar, was wearing a wild wig and had a cigarette dangling from his mouth. He danced and jumped around and did the big rock and roll guitar strum. It was a lot of fun! Everyone seemed to really enjoy that presentation."

This is right in line with one of Huddlestun's favorite pastimes—going to concerts, perhaps to see her favorite band, Nickelback. She also enjoys shopping and the time she spends with her family. She has been married for 16 years to her husband Matt. They have a son, Jared, and a daughter, Jada.

Huddlestun said, "Although I am approachable, laid-back and easy-going, I am here to inspire a sense of good work ethic in my students. I want to stress the importance of doing a good job. "The way I look at it, school is a student's job. If they work in addition to being a student, then they have two jobs. I want my students to know that coming to class on time and prepared is essential to their success."

Daniel J. Beauchamp / Navigator News

Identity Theft

By **Daniel J. Beauchamp**
Business Manager

It could happen to you! The rather broad scope of identity theft encompasses a countless number of crimes. A private account, financial information or nonpublic information is essentially stolen from an unwilling victim. The offender(s) then propagate(s) criminal acts with that information in order to generate profits and reap revenues for themselves. This, in turn, creates needless work and worry for those who have been victimized.

The unscrupulous criminals leave many of their victims with severe cash flow problems and, in dire cases, insolvent. Unfortunately, many individuals are unaware of the occurrences until after the damage has been perpetuated.

More than likely, an expected increase in the frequency and severity of these crimes will occur as an unfortunate consequence of our state-of-the-art computer operating systems and other high-tech devices.

It is becoming progressively effortless for identity thieves to assume an identity. What's more, with these same technological advancements, it is becoming increasingly cumbersome to protect identities.

The reported numbers of identity theft are on the rise. A recent General Accounting Office report estimates that as many as 750,000 Americans are victimized every year. However, this number may not be altogether accurate as many people choose not to report the crimes against them, and countless others are unaware it is happening!

The Better Business Bureau warns, "Information thieves and stalkers tell authorities over and over how easily they were able to obtain all sorts of valuable information simply by calling small business owners or personnel departments and asking. These thieves have found that a well-crafted, believable story can

often get past the best locking file cabinets or password-protected computers."

Identity thieves also utilize low-tech methods, such as stealing wallets or eavesdropping at key moments. Additionally, more sophisticated Internet phishing and swindles rob people of their sensitive personal data and money.

Experts agree that much identity theft comes down to hands-on mischief—for instance, dumpster diving, where criminals sift through rubbish to find credit card bills or

bank account statements.

More widespread, nevertheless, is the ever-increasing threats of mail theft. A criminal pilfering through anyone's mailbox is certain to gather a substantial amount of knowledge about a person—SSN's, PIN's and account numbers are a few of the commonplace items found. Each of these is unique to each individual, making it even more alarming!

"Eighty percent of [identity theft] victims who call us say they have no idea how it happened," says Joanna Crane, program manager of the Federal Trade Commission's Identity Theft Program.

While there is no failsafe, ironclad protection that guarantees that a person will never fall victim to identity theft, there are measures one can take to be protected.

Destroy private records and financial statements. Shred credit card statements, solicitations and other documentation that contain private financial information. Never discard business records into a public trashcan or recycling bin—trashcans are a haven for reprobrates and these documents can become a bonanza for criminals!

Review financial statements regularly. Make sure the merchants, locations and purchases listed are recognized and legitimate before

paying the bills. If an inconsistency is discovered, notify the financial institution immediately of the discrepancy.

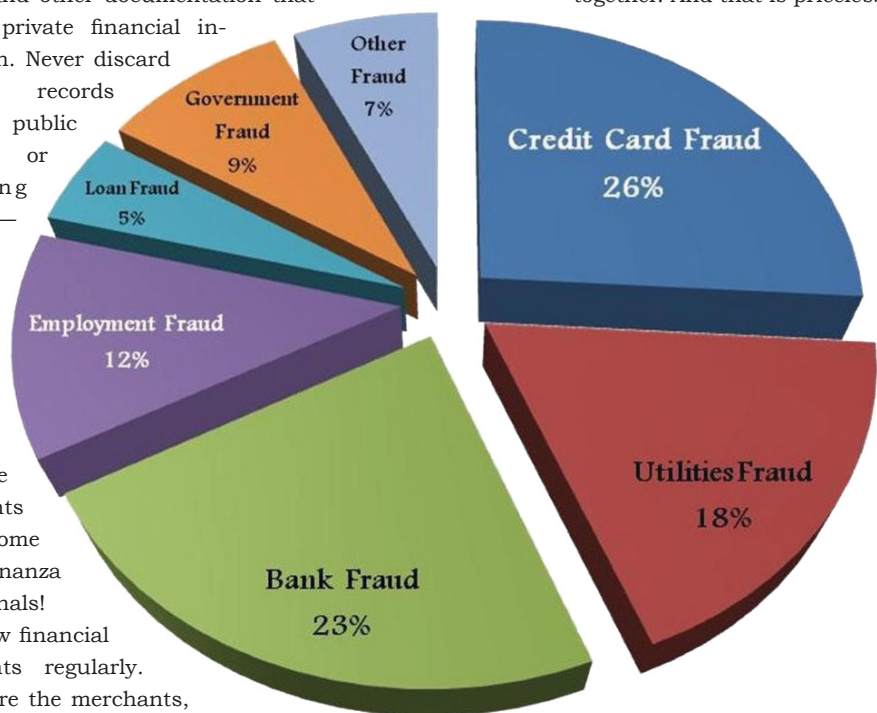
If everyone is diligent about checking financial statements monthly, when it does not arrive, it will be noticed. Moreover, one can ensure that the charges and purchases are legitimate by matching personal records so that suspicious activities can quickly be identified and addressed.

Generally, victims of credit card fraud are liable for no more than the first \$50 of the loss. To find the degree of liability a card has, contact the credit card company and request that information.

Debit card users have significantly less protection against fraud. Not only are individuals' checking accounts decimated, but debit card users could be liable for the total amount of the loss as well. It depends principally on how quickly the loss is reported to the financial institution. Notify the bank of any discrepancies. Time is money!

Take decisive action to safeguard Social Security Numbers. It used to be commonplace to include it on personal checks—not anymore! SSNs are the primary target for identity thieves because it gives them access to one's credit report, bank accounts and other nonpublic financial information.

If one applies the aforementioned techniques, the chances of falling victim to identity theft will decrease considerably. It will not only save money, but possibly also months spent trying to put the pieces of a credit history back together. And that is priceless!



According to 2009 Statistics

Navigator News / Daniel J. Beauchamp

State of Illinois' budget

By Mark Jensen

Writer

The state of Illinois is in deep budget disarray. Many estimates have indicated that Illinois could be as far as \$13 billion in debt. To alleviate some of this debt, Governor Pat Quinn has proposed a 33 percent increase to the state income tax.

The current income tax rate is 3 percent; however, Quinn's proposal would up this to a 4 percent rate. Quinn has stated that if we do not increase taxes, our schools will have to take massive cuts in state funding.

"I believe this 1 percent for education makes sense, and I think the people of Illinois will understand," said Quinn.

The budget proposal includes \$55 billion set aside for spending in 2010. Also included is \$5 billion more in borrowing, \$2 billion in program cuts, and \$6 billion of unpaid bills being extended to next year's budget.

Obviously the idea of increasing taxes is a politically poor

choice for Quinn, but from a practical standpoint, a wise idea. When the state budget is in such dire straits, it is extremely important to make sure there is enough money to work with.

A combination of tax increases and spending cuts will make for a balanced and efficient budget in the state of Illinois. Although many may disagree with the idea of a tax increase in such terrible economic times, the long term strategy is to make sure that our state can continue to operate and pay its employees in a timely and adequate fashion.

Also, what if we allow our schools to take funding cuts? How would this help our state in the long run to reduce the quality of education

our students receive when we could just increase income tax by 1 percent?

When most people think of tax increases they immediately become weary. Instead of thinking

Want to win an iPod Touch?

Eligibility Requirements: You will need to attend seven SAB events and receive an official SAB stamp on your SAB card.

It's Free with SAB - there is no charge for attending SAB events!

During the month of April, there are four remaining SAB events.

Don't forget to get your card stamped!

You may turn in your completed punch cards to the Student Life office. The deadline for submission of the punch card is April 28, 2010.

IT'S FREE

The Grand Prize Winner will be announced on May 5, 2010, during the Spring Carnival, which will be held directly across from the Marathon station on the LLC lawn.

Sponsored by:
The Student Activity Board

WITH SAB!



about how this will affect our pocket books right now, why not think of how this will affect our pocket books in the long run? While people may view Quinn's tax proposals as an inconvenience, they are a necessary evil to bring this state back to financial security.



UNDERGRADUATE PROGRAMS

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- Theology
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Pick a day and choose a time to attend:

Wednesday, April 7
10:00 a.m. • 2:00 p.m. • 6:00 p.m.

Tuesday, May 4
10:00 a.m. • 2:00 p.m. • 6:00 p.m.

Thursday, June 10
10:00 a.m. • 2:00 p.m. • 4:00 p.m. • 6:00 p.m.

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Health care costs!

By **Daniel J. Beauchamp**

Business Manager

It is one year later, and health care reform remains as elusive as ever. However, on March 21, 2010, health care reform passed through the Senate. And that's not a good thing, considering the circumstances!

What we have is an extremely incoherent assemblage of precipitous, pointless drivell! At what cost does a justifiable and plausible health care plan become too exorbitant of a price for us to pay? And why should Americans be forced into a health care bill that an overwhelming majority do not want? The question remains unanswered!

One of President Obama's campaign promises was to save Americans from "the crushing cost of health care." Obama has pressed for changes that have conflicted with America's morals, common sense and experience. The much-publicized, but often perplexing reform has been plagued from the onset with inefficiencies and ineffectual attempts to reach fruition.

There are many misgivings among the House Democrats and their colleagues in the Senate. Verification of Americans general discontent with the reform can be evidenced by the tea party rallies and demonstrations, as a part of a public outcry.

Instead of trying to focus on universal health care for everyone, would it not be more congruous and productive to fix Medicare, which incidentally, is experiencing major cash shortfalls? Furthermore, there is no shortfall of problems with Social Security. These two areas require immediate change before undertaking the daunting task of creating additional government run programs, which are headed for dismal failure!

There are many unfortunate victims of 'socialized health care' gone appallingly awry. Brian Sinclair, a 45-year old double amputee, died after a 34-hour wait in a Manitoba, Canada hospital emergency room. He never saw a doctor or nurse; he registered at triage and

then was forgotten. Sinclair was afflicted with a bladder infection, made worse by a blocked catheter. The medical examiner ruled that his death was avertable, has he been seen in time. Sinclair was discovered, dead, in his wheelchair by a security guard 34 hours after his admission.

Another unfortunate victim of 'socialized health care' was Bill Murray. Murray waited in anguish for more than one year to receive treatment for his arthritic hip. The specialist recommended hip resurfacing surgery. However, government bureaucrats determined that Mr. Murray, 57, was 'too old' to benefit from the procedure, declining the specialists' advice. To add insult to injury, Murray was denied the opportunity to pay for the procedure himself in Alberta, Canada.

Obama's health care program indicates that it will force sizeable premium increases for all families. Presently, under the so-called reform, those most affected are those under 30 years of age.

Everyone will bear consequential costs when this bill is enacted. Evidence supports my assertion that these insurmountable costs will actually bankrupt this country.

A study, performed by the consulting firm of Oliver Wyman, concludes that premiums for individuals will rise by \$1,576. Families will raise approximately \$3,341 under the bill. The study predicted that premiums for new health insurance policies purchased by the youngest third of the population may increase by a staggering 35 percent.

Consequently, if prolific change is not made to the health care bill, then many will not carry health insurance. The proposed fine for failure to have health insurance is



\$750., which in itself is absurd, asinine and unwarranted!

Therefore, it is an altogether reasonable assumption that that this bill will determinately increase the number of uninsured. How does this benefit Americans with families to support who urgently need medical care? One-by-one our civil rights and civil liberties seem to be dwindling away in favor of Socialism, for lack of a better word.

The decision by Newfoundland's Premier, Danny Williams to travel to America for heart surgery has provided subsistence for Americans who reject this country's socialized health care. Canada's system has been held out as exceptional by those who support President Barack Obama's efforts to reform U.S. health care and inferior by those who oppose his program. The fact that Williams is receiving his heart procedure in the U.S. speaks volumes!

Filmmaker Michael Moore stated, "America's profit-centric health care system is dismally inferior to that of Canada's purely pristine humanitarian-driven version."

Moore should explain that to Williams, Premier of the Canadian province of Newfoundland and Labrador. The procedure he needs is unavailable in Newfoundland, at any price!

Dick Morris stated, "Seemingly paralyzed by adversity, President Obama and his advisers are showing a lack of resilience in the face of reversals that is perhaps the inevitable outcome of his smooth rise to the top in 2008. All this might be what happens when you elect a state Senator whose U.S. Senate career was consumed with his presidential campaign as president."

This health care reform bill, which began with the intention to facilitate and transition health care, may actually hurt those it was sought to help!

This is not change that I believe in!

Want to write for or manage the Navigator?

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Our silence is golden

The National Day of Silence

By **Samantha J. Brandel**

Copy Editor

We believe that as a nation, we are fundamentally dignified. We see ourselves as a diverse country that is accepting and welcoming to those with different political views, cultures, ethnicities, genders, religions and sexual orientation from our own. Yet looking from an objective position, would we see ourselves as respectful and understanding?

Although we claim to be tolerant, many people are discriminated against for the very differences we publicly venerate. And for those affected by any type of discrimination, their everyday lives are bound in silence.

Such silence is terrible and powerful. Bullies can easily use it as a weapon to continue abuse and harassment of those who will not or cannot speak

up. Anyone who has ever seen or experienced a bully in action knows exactly what I am illuminating.

However, silence has taken on new meaning. It has become an ally and a source of solace to those who have been silent for fear of retribution. This welcome silence is representative of the faintest plea, but it is resounding across our nation.

On April 16, 2010, the National Day of Silence will memorialize and celebrate its 14th year. It does not matter if you are heterosexual, homosexual, transgender or bi-sexual; by participating, you are saying loudly and clearly that you will not relent to discrimination.

Founded in 1996 by Maria Pulzetti, the first Day of Silence was observed by over 150 students at the University of Virginia. The nine hour moratorium on speaking turned si-

lence into a non-violent group action aimed at generating safer schools for everyone—regardless of sexual orientation, gender identity or gender expression.

Pulzetti was an 18-year old University of Virginia student when she created the event to protest the insularity produced by homophobia. It resulted in extensive local press coverage, and prompted Pulzetti to take the Day of Silence to a national level.

The following year, it was officially renamed the National Day of Silence, and nearly 100 colleges and universities across the country participated. This was also the year that students in

Australia modeled a similar project for their schools.

By 2002, more than 100,000 students were participating in the National Day of Silence, and government representatives were showing support and tenacity in creating public awareness.

Representative Eliot Engel (New York) sponsored a bill to support the event (he also voted against the Defense of Marriage Act, which stops same-sex marriage), and then Governor Gray Davis (California, retired) issued an official proclamation that made April 10, 2002, the National Day of Silence.



As a society and as individuals, we need to recognize that name-calling, bullying, harassment and denial will not change people or the things we repudiate about them. In fact, these narrow-minded behaviors will serve to create a vicious and hostile environment for all of us.

We are all multi-faceted,

and if you wanted to know everything about just one person, it would take you a lifetime to learn

Visit

www.dayofsilence.org

to learn more about the

National

Day of Silence.

who they are. And since we don't have a lifetime to give to every person we meet, couldn't we at least give them the consideration and gratitude they deserve as fellow human beings and respect their choices?

The difference just one person can make is significant and imperative for society as a whole. To enrich our lives and the lives of our future generations, we need to truly accept and welcome those whose facets are not the same as our own.

We should never forget the victims who have endured, suffered and those who have died at the hands of the ultimate act of hate.



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"Alice in Wonderland" is a wonderful adventure

By **Libby Marshall**
Writer

"Alice in Wonderland" combines stunning visual effects, stellar acting and a touching story to make a movie that will delight children and adults both. The film is a fun adventure with elements of Lewis Carroll throughout.

In this version, Alice, played by Mia Wasikowska, is 19 and about to be engaged to a repulsive man when she sees a rabbit and follows him down his hole. We meet all of the classic characters like the Mad Hatter (a crazy looking Johnny Depp) and Tweedledee and Tweedledum.

Alice must help the White Queen, an unfortunately bland Anne Hathaway, defeat her evil sister the Red Queen. Helena Bonham Carter plays the Red Queen extremely well, even though her body has been thoroughly altered by CGI, giving her a small body and ludicrously large head. She is ridiculously funny as she yells "Off with his head" when anyone displeases her.

Several well-known actors make cameos as various Wonderland creatures. Some of these actors are Alan Rickman as the Blue Caterpillar, Michael Sheen as the white rabbit, and Stephen Fry as the cheshire cat.

The real star of the movie is the special effects. Every environment is visually captivating and beautiful. There are so many small details that it is not possible to catch every one of them.

Alice grows and shrinks during the course of the movie and the audience gets to see Wonderland from many different vantage. The various talking animals appear throughout and provide some comical moments.

The story has a good message, but lags toward the middle as we wait for the final confrontation between the Red and White Queens. The character names are difficult to remember, but you do not really need to remember that the bloodhound is called Bayard.

The only drawback is the length. At 108 minutes, the movie is not really that long, but it

feels half an hour longer than it is. There are too many stops along Alice's journey to give the movie a fast pace and you might find yourself fidgeting in your seat as you watch.

"Alice in Wonderland" achieves its goal of being a visually arresting, family-friendly movie with a positive message. If you go to see it though, make sure not to be late, it really is an important date.



"Defining Conservatism" A highly recommended read!

By **Daniel J. Beauchamp**
Business Manager

"Defining Conservatism: The Principles That Will Bring Our Country Back," by Jonathan Krohn, a self-published work, is a must-read for anyone with any interest in politics or economics. The book began as a 94-page thesis that the author wrote as an extracurricular activity for school.

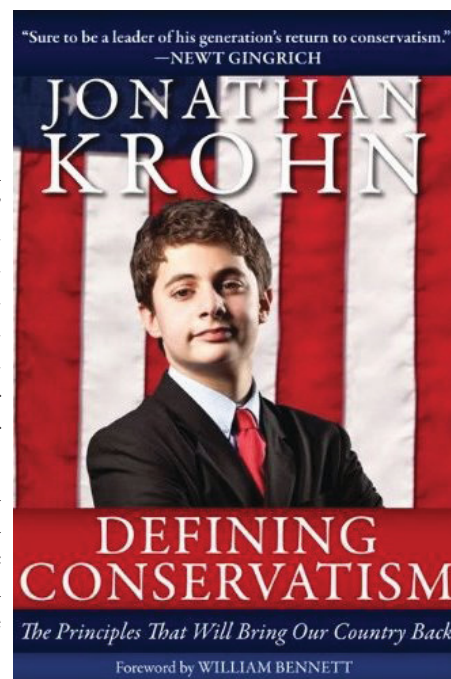
Fourteen-year-old Krohn, with zeal, zest and enthusiasm for the basic principles that the United States was founded, wrote this book.

Krohn questions government expansionists, whose assurance in government and the basic mainstays surpasses their commitment to a singular individual. Among the key issues addressed in the text are respect for the Constitution, respect for human life, belief in minimalist government and insistence upon personal responsibilities.

William Bennett, who presents the foreword in this text, states, "Krohn is a force of nature. 'Defining Conservatism' is a real accomplishment, and it will raise many serious questions, the kind any country that takes politics seriously should raise."

The book is intelligently written, in a lucid, concise format and contains compelling, informative and perhaps controversial ideas in the eyes of those who would oppose his ideals. Written in an easily understandable format, this book will appeal to those who are interested in an effortlessly accessible point of view of conservative thought. Whether you are a Democrat or a Republican, everyone will be able to understand the principles in this book.

Krohn meticulously researched and wrote this tome, and in doing so has brought a



newfound interest to conservative political thought. It has become somewhat commonplace to have books of this caliber written by established, well-known authors. Krohn has acknowledged that he became interested in politics at the age of eight.

Krohn remarked, "Defining Conservatism' is more than a collection of my beliefs, it is a collection of my thoughts. The chapters in this book were not created to be mindless reading; they were created to be thought-provoking and accessible for all readers."

Krohn further states, "I cling to logic, morality and history, and I apply them consistently. I find no reason not to apply them; after all, if something is true, then is it not wise to give it proper credence? It is not only proper, but it is also in our best interest. To know the truth leads to a more potent and effective solution. Often falsities plague society with the equally false premise that they give us effective solutions, but in all actuality they hurt society."

Read "Defining Conservatism" to discover a fourteen-year-olds perception to the basic differences between conservative and liberal thought.

Broken Bells

A successful and unexpected new duo

By **Libby Marshall**
Writer

The band Broken Bell's new self-titled album blends the styles of two distinctive musicians. The partnership of Danger Mouse, music producer and half of the duo Gnarls Barkley, and The Shins front man James Mercer formed the band. They have very different musical styles, but their album blends them well.

This is the band's first album and the beginning of the partnership of Mouse and Mercer. Mouse's soulful and funky style is evident in his previous music, as is Mercer's simple and deliberate method. The album manages to bring together the best of both of their techniques.

So far, the album's most popular song has been the album's opening track "The High Road." It starts out with electronic effects, but transitions effortlessly into an emotional song. The lyrics are well written and complement Mercer's voice.

Another great track is "The Ghost Inside." Mercer sings in a falsetto about chivalry and how he would not "pull a punch for free" over

Mouse's unrelenting beat. The song is clever and is unique, immediately recognizable.

"Sailing to Nowhere" has a mournful sound that achieves being modern and retro at the same time. The pace of the song makes you think of ocean waves, going back and forth. There is no way to know if this effect is intentional because of the subject of the song, or just a happy coincidence. This song was obviously more influenced by Mercer as it sounds very much like music his band, "The Shins" would make.

A track obviously influenced by Mouse is "Mongrel Heart." It has a faster pace and uses electronic effects throughout. The song has a mysterious quality that you have to hear to understand.

There are no weak tracks on the album; some are stronger than others are. Overall, the order of songs and arrangement of the different sounds of each song works well. The album starts and ends with high quality songs.



Broken Bells' new self-titled album

This is a fantastic album and it is clear that Mouse and Mercer work well together. Hopefully they continue this trend and make more albums just like this one.

Keep media in mind

By **Brandon Lockhart**
Writer

It is not too often that you see students taking the risk to bring a dream to life. Sure, we all risk a little bit here and there to get where we want to be, but for Caleb West, Bryan Gaddis and Jake Elam, the reward will always be greater. We are not talking about getting paid here, but instead the reward of following a dream.

Together West, Gaddis and Elam have started a venture known as EX3 Media in order to incorporate their passion and college focuses into a field that they truly love working in.

EX3 Media is a company made up of three different media opportunities: graphic design, cinematography and music production. This venture, however, is nothing short of other competing media companies, as all three gentlemen have been educated in their

specific focus by Southern Illinois University-Carbondale and possess the best programs and materials for their specific branches.

Even though EX3 is just now surfacing into the media world, they have fantastic future plans and projects aligned. The students in EX3 have been responsible for several projects throughout the past few years in Shelbyville, Ill., and surrounding areas, but have plans to expand much further.

Some of the projects they have already successfully completed are the design for local rap talent Dok Holliday's "217" mix tape cover, promotion flyers and designs for various artists, music production (Cwest Music) for various artists and a very detailed, computerized form of cartooning.

Elam, the man in charge of cinematography in the group, explains that he is in the process of shooting a high definition music video with Midwest Hustle Re-

cords. They are combining forces with VideoCity.Tv in New York City and surrounding areas to broadcast the music video on cable television.

Although EX3 Media seems well on their way to success, it's also important to show support through our community to help risk takers like them prosper. Without inspiring stories like the three gentlemen of EX3, people may lose the drive to explore the beauty of being an entrepreneur. Not everyone is comfortable being a risk taker. However, everyone can take the risk with EX3, although their talent and business savvy make them



Fan, Brittany Davis, holding EX3 products.

hardly a risk at all.

For pricing on your own unique project, from graphic design to cinematography to music production, call Caleb West at 217-820-0567.

Photo Submitted by Brandon Lockhart

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		3			8			9
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6	3				4		7	2

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2	3	8	7	1	4	5	9	6
4	9	5	6	8	2	3	7	1
6	7	1	9	5	3	4	2	8
9	4	2	5	3	1	8	6	7
3	1	6	8	9	7	2	4	5
5	8	7	4	2	6	9	1	3
1	2	9	3	6	8	7	5	4
7	6	3	2	4	5	1	8	9
8	5	4	1	7	9	6	3	2

Sudoku Puzzle
Answers Printed Next Month

Entertainment Events

Mac's Uptowner, Charleston, Ill.

(All shows at 9 p.m.-1 a.m.)

2- Max Allen Band

3- Razor Sharp

9, 10- Spread and Defined Perception (both nights)

15- Mark Tyler and Friends

16- Ultra Violet Hippopotamus

17- JoBu

23- Zimick and a party with the Jaeger Girls

24- AB/HD (AC/DC tribute band) with Sorry for Partying

30- Ben Miller Band

Joe Sippers Café, Effingham, Ill.

(Shows at 8 p.m.)

3- Jed Adam

17- David Hanner

23- Brad Phillips

24- Outdoor Concert Featuring The Suns, The Felix, The Kicks and Holiday Holiday (5 p.m.)

Jackson Avenue Coffee (Charleston, IL)

(Shows from 8 p.m.-10 p.m.)

3- Reverend Robert

10- Big Blue Mountain

17- Baker Street Band

24- Ronny Lee

Charleston Alley Theatre:

16, 17, 19, 23, 24, 26 - Betty's Summer Vacation 7:30 p.m.

18, 25 - Betty's Summer Vacation 2 p.m.

Assembly Hall, Champaign, Ill.

(Shows at 7:30 p.m.)

8- The Wizard of Oz

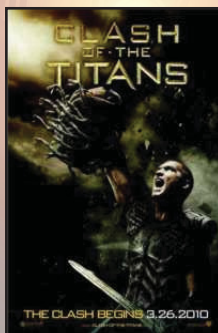
18- Daughtry with Orianthi

24- Cabaret

29- Alan Jackson with Josh Turner and Chris Young (7 p.m.)

ENTERTAINMENT RELEASES FOR APRIL

Movies



"Clash of the Titans"
April 2

Music



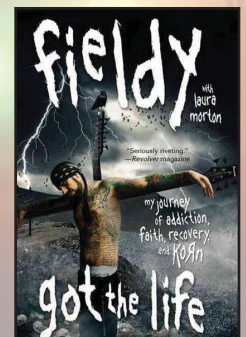
Artist: Everest
Album: "On Approach"
April 20

Video Games



"Splinter Cell: Conviction"
Xbox 360/PS3/PC
April 13

Books



"Got the Life: My Journey of Addiction, Faith, Recovery, and Korn"
Author: Fieldy (with Laura Morton)
April 9

For more releases see our website www.navigatornews.org

LAKER LINEUP

PURCELL VS. GREENE

By Lindsey Probst

Sports & Entertainment Editor

Tight pants, dirty knees and the smell of leather. That's right, the baseball and softball seasons are in full swing! After training all year, the new teams hit the field for their 2010 spring season.

Victoria "Tori" Purcell (#19), a sophomore, hangs tough behind the plate as catcher for the Lady Lakers. Standing at 5'2", Purcell is easily spotted on the field. In addition, emerald green eyes pierce into opponents through the slits in her catcher's mask.

Speaking of green, look for Luke Greene, also a sophomore, to hit the field again this season. Greene is a third baseman for the Lakers, as well as a strong force behind the plate. Number 22, Greene will continue to be a great asset to this year's team.

After picking these athletes' brains, one can see that they are just regular college students, focused on having fun on their way to future careers.



Photo Submitted by Stacy Bink



Lindsey Probst/Navigator News

Q: Where is your hometown?

Purcell (P): "Lafayette, Ind., but now I live Denver, Colo."

Greene (G): "Rockville, Ind."

Q: What is your Major?

P: "Sports Medicine/Athletic Training."

G: "Athletic Training."

Q: What are your hobbies?

P: "Sleeping, hanging out, watching movies, and reading."

G: "Camping and kayaking."

Q: What is your favorite class you have taken at LLC?

P: "Bowling/Golf with Coach Orr."

G: "Anatomy and Physiology."

Q: What is your favorite T.V. show?

P: "Family Guy."

G: "Seinfeld."

Q: Favorite Food?

P: "Subway, I usually get the turkey."

G: "Italian."

Q: If you had \$1 million what would you spend it on?

P: "I would probably travel to Europe."

G: "A 1972 Chevelle SS."

Q: When you were a kid, what did you want to be?

P: "A vet."

G: "A professional baseball player."

Q: If you were on American Idol, what song would you sing?

P: "No Rain' by Blind Melon."

G: "Burn it to the Ground' by Nickelback."

Q: Who is your favorite athlete?

P: "Matt Holiday." (St. Louis Cardinals)

G: "Dustin Pedroia, second baseman for the Boston Red Sox."

Q: What are your thoughts when you are behind the plate/at your position?

P: "I evaluate the batter, the way they are standing and what pitch I should call."

G: "I want to hit the ball hard to drive a run in or to reach base safely, whatever it takes to help the team."

Q: Mentally, what do you try to bring to every game?

P: "A 'we're gunna kick ass' attitude."

G: "Stay positive and just play hard."

Q: Describe your personality.

P: "On the field I'm intense, but off the field I'm a really bubbly, happy person."

G: "Humorous, nice, and trustworthy."

Q: Where are you headed next year for college?

P: "Eastern."

G: "I plan on continuing my baseball career at Northern Kentucky University."

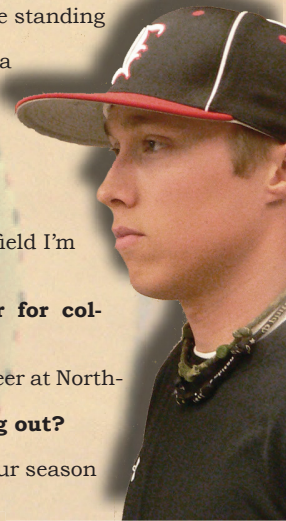
Q: How do you see this season playing out?

P: "I see us doing very well."

G: "We had a rough start, but I foresee our season turning around."



Lindsey Probst/Navigator News



Lindsey Probst/Navigator News

Volleyball meets soccer...on trampolines?

By Lindsey Probst

Sports & Entertainment Editor

The newest popularity surge in sports entertainment is the up and coming sport of bossaball. This sport looks like it was plucked right out of a child's dream. The crazy jumps, hits and action shots are sure to please athletes and spectators alike.

Basically, bossaball blends together volleyball and soccer. Now, add in two trampolines, an inflatable court and cool dance-like moves. The court is about the size of a volleyball court and includes the net in the middle. Two trampolines sit on each side of the net surrounded by inflatable padding called the bossawall.

Each team has three to five players, one designated as the "goalkeeper," who stands on the trampoline. This player would also be, in volleyball terms, the hitter or spiker.

The ball, a volleyball, can be hit eight times by one team on any part of the body. One player can either hit the ball with his or her hands one time, or hit it with a foot or head twice. Players are given extra hits compared to conventional volleyball matches because the goalkeeper can have time to gain height as he/she jumps on the trampoline.

A team scores just as they do in volleyball, when the ball hits the court on the opponent's side. This traditional scoring will earn a team one point. However, if the ball hits the opponent's trampoline, the teams earn three points, because the goalkeeper failed to protect his or her goal. If the ball hits the bossawall, no points are awarded and the rally is continued. The ball is served at the beginning of every rally, but no restrictions constrain the server as far as where and with what he or she serves the ball.

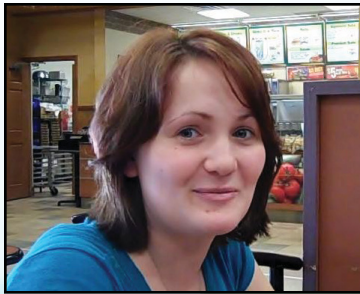
Bossaball offers a new level of strategy and action, often containing flips, up side down kicks, spectacular dives and hardcore spikes in just one match.

To watch clips of bossaball, go to www.navigatornews.org. It is a sport you have to see to believe.



Photo Poll:

"What are you planning to do for Earth Day?"



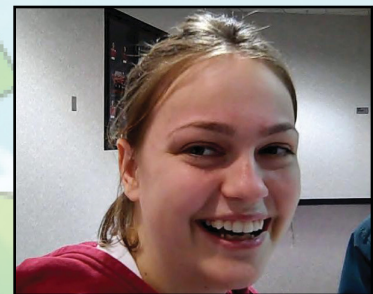
"I don't normally do much for earth day. I try to do my part all year-round. So Earth Day is really an all year thing."

~**Beth Kinsey**
Accounting Major
Second Semester



"I will be keeping all the lights in my house off or used very sparingly, and I will take five-minute showers."

~**Chris Ferguson**
Mathematics Major
Second Semester



"I am going to replace my light bulbs with high-energy-efficiency light bulbs."

~**Genna Stodden**
Pre-Med Major
Second Semester

all photos taken and quotes gathered by Tim Deters

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